



The Twelfth Annual Virginia Festival of the Book *March 22-26, 2006*

For program updates visit www.vabook.org, or call 434-924-6890

Women's Issues

Wednesday, March 22

Unleashing Couple Power

Join authors and clinical psychologists Phyllis Koch-Sheras and Peter Sheras (*Couple Power Therapy*) as they discuss their new theory about what makes relationships work and how to be a happy couple.

2 p.m., Gravity Lounge

Thursday, March 23

Women Poets Writing Past: A Reading

Virginia poets of historically-based collections--Sarah Kennedy (*Double Exposure*), Claudia Emerson (*Late Wife*), and Camille Dungy (*What To Eat, What To Drink, What To Leave for Poison*)--read and discuss their research processes.

6 p.m., New Dominion Bookshop

Friday, March 24

Celebrate Women Writers' Reception

Join us for a joyous celebration of women authors! This UVa Women's Center-sponsored event is open to all and brings together local writers, University authors, students and Virginia Festival of the Book participants. R.S.V.P. to 434-982-2911.

4 p.m., Colonnade Club, Solarium Room

The Influence of Sandra Day O'Connor

Legal news commentator and reporter Joan Biskupic, discussing her new biography, *Sandra Day O'Connor: How the First Woman on the Supreme Court Became Its Most Influential Justice*.

6 p.m., Abbott Center Auditorium, Darden School

Women, Family and Work: A Candid Discussion

With Barbara Ehrenreich (*Bait and Switch: The Futile Pursuit of the American Dream*), E.J. Graff (*Getting Even: Why Women Still Don't Get Paid Like Men, and What To Do About It*), Andrea Buchanan (*It's a Boy / It's a Girl*), and Miriam Peskowitz (*The Truth Behind the Mommy Wars*).

8 p.m., UVa Bookstore

Saturday, March 25

Disparate Housewives: Fiction Panel

Complex and coping female characters with Sharon Baldacci (*A Sundog Moment*), Mary Guterson (*We Are All Fine Here*), and Melanie Lynne Hauser (*Confessions of Super Mom*).

10 a.m., New Dominion Bookshop

19th Century Women: Biography Panel

Louise Knight (*Citizen: Jane Addams and the Struggle for Democracy*) and Meg Marshall (*The Peabody Sisters: Three Women Who Ignited American Romanticism*).

Noon, New Dominion

Reclaiming Desire

Andrew Goldstein, M.D., and Marianne Brandon, Ph.D., discuss the biological, spiritual, emotional, and intellectual components of female sex drive as explored in their book, *Reclaiming Desire: 4 Keys to Finding Your Lost Libido*.

2 p.m., UVa Harrison Institute / Small Special Collections Library Auditorium

Living Your Best Life: Unraveling the Mystery of a Healthy Lifestyle

Author, physician and celebrity fitness guru Dr. Ian Smith speaks about getting off the yo-yo ride of dieting and exercising effectively as explained in his book, *The Take Control Diet: A Life Plan for Thinking People*. (Living Your Best Life)

2 p.m., Burley Middle School

After the Apple. Women in the Bible-Timeless stories of Lust, Love and Longing

Author Naomi Harris Rosenblatt (*After the Apple*) conducts a conversation about fourteen women-courageous, intelligent risk takers through a contemporary lens from her perspective as a Biblical Scholar and psychotherapist.

4 p.m., City Council Chambers