



The Twelfth Annual Virginia Festival of the Book *March 22-26, 2006*

For program updates visit www.vabook.org, or call 434-924-6890

Issues of Aging

Wednesday, March 22

What Are Old People For? Elder Care Discussion

With William Thomas, M.D., leader in a new concept of nursing home care, discusses his work *What Are Old People For? How Elders Will Save the World*. (Sponsor: Community Partnership for Improved Long-term Care)

2 p.m., V. Earl Dickinson Building, Piedmont Virginia Community College

Thursday, March 23

Remembering Polio

With Brenda Serotte (*The Foretuneteller's Kiss*) and Linda Logan (*A Summer Without Children*).

2 p.m., City Council Chambers

Family Feud: Novelist Jeanne Ray

Join Jeanne Ray for a reading and discussion of *Romeo and Juliet Get Lucky*, a novel about love after 60.

4 p.m., McIntire Room, Central Library

Your Next Fifty Years

Author Pamela D. Blair (*The Next Fifty Years: A Guide for Women at Midlife and Beyond*) will discuss how, in a youth-obsessed culture, a woman might embrace the best years of her life. FOCUS Women's Resource Center will host a reception at this reading.

6 p.m., FOCUS Women's Resource Center

You're Not Dead Yet: Retirement Ideas

Bruce Juell, author of *The Retirement Activities Guide, 165 Ideas for Finding Fulfillment and Meaning (When Golf and Grandkids Aren't Enough)*, will discuss his transition from CEO of Six Flags to being a visionary and motivator for increasing the productivity (and happiness) of seniors.

6 p.m., Senior Center

Friday, March 24

My Time: Making the Most of the Bonus Decades After Fifty

Abigail Trafford is the author of *My Time: Making the Most of the Bonus Decades After Fifty*, full of stories of people who are defining their "next chapter" after launching kids and career wind-down.

4 p.m., Senior Center