



The Twelfth Annual Virginia Festival of the Book *March 22-26, 2006*

For program updates visit www.vabook.org, or call 434-6890

For Families of All Ages

Wednesday, March 22

Unleashing Couple Power

Join authors and clinical psychologists Phyllis Koch-Sheras and Peter Sheras (*Couple Power Therapy*) as they discuss their new theory about what makes relationships work.

2 p.m., Gravity Lounge

What Are Old People For? Elder Care Discussion

With William Thomas, M.D., leader in a new concept of nursing home care, discusses his work *What Are Old People For? How Elders Will Save the World*.

2 p.m., V. Earl Dickinson Building, Piedmont Virginia Community College

Curl Up With a Companion: *Tough Times Companion II*

A companion book for hard times--by contributors Angela Daniel, Judy Longley, Christopher Morris, and Julie Portman.

4 p.m., Gravity Lounge

Thursday, March 23

Your Next Fifty Years

Pamela D. Blair (*The Next Fifty Years: A Guide for Women at Midlife and Beyond*) will discuss how a woman might embrace the best years of her life.

FOCUS Women's Resource Center reception.

6 p.m., FOCUS Women's Resource Center

How Kids Think, How Schools Teach

E.D. Hirsch, Jr. (*The Knowledge Deficit*) and Angeline Stoll Lillard (*Montessori: The Science Behind the Genius*).

6 p.m., Barnes & Noble

Thursday, March 23 (cont.)

You're Not Dead Yet: Retirement Ideas

Bruce Juell, author of *The Retirement Activities Guide, 165 Ideas for Finding Fulfillment and Meaning*, will discuss increasing the productivity and happiness of seniors.

6 p.m., Senior Center

Friday, March 24

My Time: Making the Most of the Bonus Decades After Fifty

Abigail Trafford is the author of *My Time*, full of stories of people who are defining their "next chapter" after launching kids and career wind-down.

4 p.m., Senior Center Inc.

At War, At Home: Books on the Military

With Kristin Henderson (*While They're at War: The True Story of American Families on the Homefront*) and Linda Robinson (*Masters of Chaos: The Secret History of the Special Forces*).

4 p.m., Barnes & Noble

Women, Family and Work: A Candid Discussion

With Barbara Ehrenreich (*Bait and Switch: The Futile Pursuit of the American Dream*), E.J. Graff (*Getting Even: Why Women Still Don't Get Paid Like Men, and What To Do About It*), Andrea Buchanan (*It's a Boy / It's a Girl*), and Miriam Peskowitz (*The Truth Behind the Mommy Wars*).

8 p.m., UVa Bookstore

Saturday, March 25

StoryFest for Kids

Authors, illustrators, storytellers, book swaps—it's a full day of family fun for readers of all ages. Programs on the Downtown Mall. See Youth Programs (Saturday) for more details on specific programs.

9 a.m. – 4 p.m. Downtown Mall venues (Charlottesville Ice Park Headquarters)

Children, Imagination and Education

With E.D. Hirsch, Jr. (*The Knowledge Deficit*) and Ellen Handler Spitz (*The Brightening Glance*).

10 a.m. McIntire Room, Central Library